

hypoglycemia

a.k.a. LOW BLOOD SUGAR

CAUSES:

Too much insulin, exercise, lots of activity,
not enough food or missing a snack

Low blood sugar (under 70) can happen suddenly
and should be treated as an emergency. If juice or
glucose is not given immediately, a person may pass
out or have a seizure.

SYMPTOMS:

Fatigue, Hunger

Irritable

Odd Behavior

Extreme Tiredness

Fast Heartbeat

Dizziness

Mood Changes

Weakness

Difficulty moving, slow to respond

Anxiousness

Paleness, Sweating

Trembling

Blurred Vision

Headaches

Inability to Concentrate

